



# GREEK ORTHODOX ATHLETIC LEAGUE

GREEK ORTHODOX METROPOLIS OF CHICAGO

UNDER THE AUSPICES OF THE OFFICE OF YOUTH AND YOUNG ADULT MINISTRIES



## 2017-2018

## GOVERNING RULES AND REGULATIONS

THE GOVERNING BOARD of the G.O.A.L. will be the COMMISSIONER, Mr. Chris Avramopoulos, the Metropolis Youth Director, and the committee/board. All matters of concern regarding issues, schedules, games, conduct, etc. should be conducted with the BOARD of the G.O.A.L. care of:

**Office of Youth and Young Adult Ministries  
40 East Burton Place  
Chicago, IL 60610  
312-337-4130  
312-587-7963 (Fax)**

All decisions will be made by the GOVERNING BOARD of the G.O.A.L.

### TEAM DIVISIONS

Each parish will pay an entrance fee to the League by **OCTOBER 30, 2017**. Checks should be made payable to the **GREEK ORTHODOX ATHLETIC LEAGUE** as follows (these fees include a year end single elimination Tournament in two Divisions – Gold and Silver - as well as an All-Star weekend)

### **PAYMENT & ROSTERS DUE BY OCTOBER 30, 2017**

#### G.O.A.L. FEES:

Churches with Three (3) Teams ( <i>Grade School/Girls/High School Boys</i> )	\$2,800.00
Churches with Two (2) Teams ( <i>Grade School/High School Boys</i> )	\$1,950.00
Churches with One (1) Team ( <i>Grade School or Girls or High School Boys</i> )	\$975.00
Men's Team	\$875.00
Biddy Team	\$575.00
3 <sup>rd</sup> /4 <sup>th</sup> Grade Team	\$275.00

### REFEREE'S

Three (3) Illinois High School Association Referees will be provided for each game for the Grade School, Girls and High School Boys Division. Two Referees will be provided for the Biddy Division and One for the 3<sup>rd</sup>/4<sup>th</sup> Grade Division. One Referee will be used at the Score's Table on a rotating basis during game day for Grade School, Girls and High School Boys Divisions. The Referee at the Score's Table will only be responsible for the Official Score Book. He will not be responsible nor will be allowed to run the clock. Therefore, the Church hosting the game must have an adult present to run the clock for as many games as will be played that day. Games must be played if only one referee is present. If no referee is present, the game will be played with both teams agreeing to substitute(s) filling in as referee(s). These games will be counted as OFFICIAL, if played or FORFEITED, if not. There will be two (2) Officials for the Men's League, and games will be played on Wednesday's and/or Sunday's unless otherwise noted in the schedule.



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## ELIGIBILITY AND OPERATIONS RULES

### I. JUNIOR G.O.Y.A. DIVISION

- A. Junior G.O.Y.A. Teams are defined to include any boy or girl from the age of 14 and under, and is still in Grade School/Junior High.
- B. Any boy or girl who reaches his/her 15<sup>th</sup> birth date on or prior to **February 11, 2018** or is in High School is ineligible for further Junior G.O.Y.A. competition, but may matriculate to the Senior G.O.Y.A. Team and play to its season's conclusion.
- C. Girls will only be allowed on the Junior G.O.Y.A. roster if they comply with the eligibility rules for Junior G.O.Y.A.
- D. Girls playing on the Junior G.O.Y.A. Team will be eligible to play on the Senior Girls G.O.Y.A. Team.
- E. Boys playing on the Junior G.O.Y.A. Team will be eligible to play on the Senior Boys G.O.Y.A. Team only if the Senior Boys team has 5 players. You can bring a Junior Boy up to the Senior Boys team to make it 7 players. No more Junior Boys players will be allowed up to play once the team has hit 7 players. This rule is in order only to prevent forfeits and/or to alleviate playing with less than five during the game if one of the player fouls out.
- F. Players must be involved and active members in their parish's youth programs such as Junior G.O.Y.A. or J.O.Y. throughout the year and must attend Church (the Divine Services) faithfully and on a regular basis (to be determined and interpreted by the parish priest)

### II. SENIOR G.O.Y.A. DIVISION

- A. A player reaching his or her 19<sup>th</sup> birthday on or prior to **February 11, 2018** or has graduated from his/her High School is ineligible to compete in the Senior G.O.Y.A. Divisions, but a male may matriculate the Men's Division.
- B. Players must be in an accredited High School/Junior High School for participation in the Junior and/or Senior G.O.Y.A. Divisions.
- C. Players must be involved and active members of their parish's G.O.Y.A. Program throughout the year and must attend Church (the Divine Services) faithfully and on a regular basis (to be determined and interpreted by the parish priest)



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- D. Boys playing on the Junior G.O.Y.A. Team will be eligible to play on the Senior Boys G.O.Y.A. Team only if the Senior Boys team has 5 players. You can bring a Junior Boy/s up to the Senior Boys team to make it 7 players. No more Junior Boys players will be allowed up to play once the team has hit 7 players. This rule is in order only to prevent forfeits and/or to alleviate playing with less than five during the game if one of the players fouls out.
- E. **Any player who will be (a) trying out for; or (b) is playing on his or her High School or College Basketball Team (at ANY scholastic level, i.e. Freshman, Sophomore, JV, or Varsity) is not eligible to (i) play in the G.O.A.L. Basketball League (even after IHSA eligibility is completed); (ii) be listed on an official G.O.A.L. Basketball Roster. If a player does not make their school team or quits their school team, they are eligible to play for the G.O.A.L., provided they are added to the official G.O.A.L. Roster on or before December 1, 2017.**

*(PLEASE NOTE: This is a verified NCAA, NAIA, and IHSA Rule for all levels.)*

## III. MEN'S DIVISION

- A. The Men's Division will be comprised of individuals who have graduated from High School or are 19 years of age and up. There is no age limit.
- B. Same rules and regulations will apply to the Men's Division. Each individual should be an active Steward in the Greek Orthodox Church. They should be a baptized or chrismated Orthodox Christian. Individuals also should be active participants in their Churches as well as Church (the Divine Services) attendance. More than one Men's Team is allowed for each Church.
- C. College players who are participating on their College Basketball Teams cannot participate in the Men's Division.

## IV. RULES COMMON TO THE GRADE SCHOOL DIVISION, GIRLS & HIGH SCHOOL BOYS DIVISIONS, MEN'S DIVISION, AND COACHES.

- A. Each Parish or combination of parishes can field (1) team, two (2) teams, three (3) teams, four (4) teams, or five (5) teams in either the 3<sup>rd</sup>/4<sup>th</sup> Grade Division, the Bidy Division, Junior G.O.Y.A. Division (Grade School Division), Girls Division and High School Boys Division.



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- B. **EACH TEAM** must submit an **OFFICIAL ROSTER OF ELIGIBLE PLAYERS** signed by the **Proestamemos and the Athletic Director** to:

Rev. Dn. Chris Avramopoulos  
Office of Youth and Young Adult Ministries  
40 East Burton Place  
Chicago, IL 60610-1697

**DUE BY OCTOBER 30, 2017 WITH PAYMENT IN FULL AT THAT TIME.**

**Thus Payment to the League and Rosters will all be due by:**

**OCTOBER 30, 2017.**

Failure to have Team Rosters in by **OCTOBER 30, 2017** will result in forfeitures of all games played and any future games, until a validated roster is received, with full payment of fees.

- C. The **OFFICIAL PLAYER REGISTRATION FORM** is to include information regarding the following of each player.

1. Players Full Name (Last Name, First Name, Middle Initial)
2. Address
3. Telephone Number
4. Emergency Telephone Number
5. Birth Date
6. Age
7. Grade
8. Church
9. Photo
10. Insurance Information
11. Signatures

- D. The **OFFICIAL ROSTER** will include:

1. Players Full Name (Last Name and First Name)
2. D/O/B
3. Age
4. Church
5. Jersey #.



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- E. At least one of the player's parents/guardians or the player himself/herself, must be a member in good standing of the sponsoring parish. For the Men's Division, individuals 25 and under are allowed to be under their parent's stewardship. If they are over 25 years of age, they must be stewards themselves.
- F. To be eligible, a player must be on his/her team roster. A player not on the official team roster may not participate in the League. Final additions or subtractions to the roster must be made by **December 1, 2017**.
- G. **A player must play in a minimum of a third of their team's season games to qualify to play in the playoffs and championship game. The Thanksgiving Tournament does not qualify as part of this.**
- H. A player cannot change teams unless there is a geographical move into a new parish area [for example: a family leaving a south side parish and attending a north side parish without making a geographical move is ineligible to play in the G.O.A.L.; also if a family wishes to change from one parish to another in the same geographical area, a player is ineligible to play on the new parish team.] Should a player wish to change teams without a geographical move, he/she must sit out one year or basketball season. A player can play for another parish if his/her parish does not have a team in the league. He/She must be a steward of their current parish and does not need to become stewards of the church they play for, unless told so by the parish priest and the parish council of said parish. If a parish comes into the League after a brief hiatus, its players are eligible to play for this parish even if they have been playing for another parish. However, these players must show proof they have been stewards of said parish for at least a full year. **If a player would like to switch teams due to legitimate circumstances, (this will be judged by the commissioner in talking with the player and his family) both Athletic Directors and priests must be notified and the Athletic Director and priest of the team that the player formerly played on, must agree and give a written release from that team.**
- I. **To be eligible to play in a game, a player and coach must attend the Divine Liturgy on the day of the game or the day after a game (if the game is played on a Saturday).** (A Wedding or Baptism does not count) It is also highly recommended that each player attend Sunday School. Sunday School is an important part of the catechesis of the Church and all youth should participate and learn about their faith and the Church. However, Sunday School **CANNOT REPLACE** worship in the Divine Liturgy. (to be determined and interpreted by the parish priest)
- J. **Additions to a roster, after the date of submission, may be made in writing only (via email) and presented to the G.O.A.L. Board for review and approval by December 1, 2017.** Please send all additions to the Office of Youth and Young Adult Ministries **(312-587-7963 Fax)**



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- K. In the event of ineligible player(s) in a game, his/her team will automatically forfeit the game(s) in which he/she has participated.
- L. Each parish is required to have a Mandatory Parents/Coaches/Athletes Meeting before the season begins to discuss the G.O.A.L. Basketball Season in its entirety with those will be participating, especially parents, players and coaches, with the clergy of the parish present.
- M. Any questions relating to eligibility are to be resolved by the G.O.A.L. Board.

## V. GAME RULES

- A. Unless specified below, G.O.A.L. will abide by the rules of the Illinois High School Association.
- B. A prayer will be offered before each game by the home team or by any clergyman present. **During the prayer, a player from each team will hold an icon while the rest of the team and spectators will recite the prayer.** At the conclusion of the prayer and game, teams will shake hands at half court. There will be no player introductions prior to games.
- C. **Before every game, a Code of Conduct for all present will be read to everyone in the gymnasium by one of the players.**
- D. **All players, who are present at a game, will have their full names and jersey numbers entered into the Official Score book. A game will not begin until this has been accomplished and both coaches and the referees have signed the score book, making it official.**
- E. The G.O.A.L. is a Competitive League however strongly suggests that every player on a roster be allowed to play. Blatant refusal and/or continued neglect of this suggestion will not be tolerated.
- F. **Running Up the Score is a gross neglect of Sportsmanship. Every effort must be made to keep this from happening. It is not only detrimental to the team that is being beaten, but also goes against any sense of Christian brotherly love. If a pattern is detected as a result of complaints or Game Reports, an initial warning will be given followed by game suspensions or forfeitures of the coach and team. (To be determined by the Board)**
- G. Abusive behavior by members of the crowd, parent(s), fan(s), player(s) and/or cheerleaders from a given parish or parishes must be reported **IN WRITING** to the G.O.A.L. Board immediately following the incident. Complaints submitted in writing will be sufficient cause for review by the G.O.A.L. Board of Directors; resulting in possible forfeiture of game(s) and/or suspension of the Parish from the League and/or other sanctions to individuals that are disruptive to the program.





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- H. Only the Head Coach and two Assistant Coaches will be allowed on the bench with the players. No other adults or children will be allowed on the bench. The Head Coach is the only one allowed to stand. Assistant Coaches will sit on the bench along with the players.
- I. Bench and Stand Decorum is of the utmost importance. No Coach, player, parent or fan shall use profanity before, during, or after the game. Coaches, players, parents and fans will conduct themselves with the highest integrity, knowing that this is a Church League and that behavior unbecoming the love, respect, dignity, and discipline expected of those associated or connected with G.O.A.L. will not be tolerated. Any form of abuse, verbal, physical or psychological toward anyone in the gym will also not be tolerated. **The Athletic Director, along with the person in charge of the gym, will be responsible for stand decorum, along with the head coaches of the teams that are participating with the assistance of the referee's.**

## **3<sup>RD</sup> / 4<sup>TH</sup> GRADE DIVISION**

1. Each parish may have *one* (1) team.
2. **Ages:** Boys and Girls should be in 3<sup>rd</sup> or 4<sup>th</sup> grade. However, no child shall be above the 4<sup>th</sup> grade to be eligible to participate. NOTE: \*\*A participant may play in both the 3<sup>rd</sup>/4<sup>th</sup> Grade Division and Bidy Division if necessary to field a team\*\*
3. It is **HIGHLY RECOMMENDED** that at least one girl be playing in the game at all times. All efforts must be made to have girls on the team and participate as this is a Co-Ed League.
4. **EVERY** child on the roster and at the games must allowed to play in the game.
5. Teams must have **NUMBERED JERSEYS.**

### **RULES OF PLAY:**

1. Games will consist of four 8 minute quarters with a running clock.
2. Five (5) fouls and the player is out of the game.
3. Three (3) Full and Two (2) 30 second time outs per game.
4. **DEFENSE shall be played at the Three Point Line or within.**
5. **There is NO PRESS.**
6. **THREE** second lane violations results in loss of possession.
7. Clock stops the last minute of each quarter, as well as time outs and free throws.
8. Alternate possession rule will be used.



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9. Overtime will be **Three minutes (clock to stop at free throws and time outs)**, with the **clock stopping at every whistle** during the **LAST MINUTE**.
10. **FLAGRANT FOULS**, at any time, will result in 2 free throws along with possession, as well as penalties found in the Rules and Regulations Packet, Section IV. Discipline, Articles 2 & 3.
11. **BENCH TECHNICALS** will result in 2 free throws along with possession, as well as penalties found in the Rules and Regulations Packet, Section IV. Discipline, Article 3.
12. Baskets will be set at 10 feet.
13. Basketballs will be  $\frac{3}{4}$  size.
14. Illinois High School Association rules and G.O.A.L. JR. G.O.Y.A. rules will apply where not specifically covered above.

## **BIDDY DIVISION**

1. Each parish may have **one** (1) team.
2. **Ages:** Boys and Girls should be in 5<sup>th</sup> or 6<sup>th</sup> grade. However, no child shall be above the 6<sup>th</sup> grade to be eligible to participate. NOTE: **\*\*A participant may play in both the Biddy Division and the Grade School Division\*\***
3. It is **HIGHLY RECOMMENDED** that at least one girl be playing in the game at all times. All efforts must be made to have girls on the team and participate as this is a Co-Ed League.
4. **EVERY** child on the roster and at the games should be allowed to play in the game.
5. Teams must have **NUMBERED JERSEYS**.

### **RULES OF PLAY:**

1. Games will consist of four 8 minute quarters with a running clock.
2. Five (5) fouls and the player is out of the game.
3. Three (3) Full and Two (2) 30 second time outs per game.
4. **DEFENSE shall be played at half court.**





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5. **If a team is winning by more than 10 Points, the defense must be pulled back to the Three Point Line or within.**
6. **There is no press** until the last two minutes of the 4<sup>th</sup> quarter when pressing is allowed. **Pressing is allowed only during the last two minutes of the 4<sup>th</sup> quarter. Teams ahead by more than 20 points may not press at all.**
7. **THREE** second lane violations results in loss of possession.
8. Clock stops the last minute of each quarter, as well as time outs and free throws.
9. Alternate possession rule will be used.
10. Overtime will be **Three minutes (clock to stop at free throws and time outs)**, with the **clock stopping at every whistle** during the **LAST MINUTE**.
11. **FLAGRANT FOULS**, at any time, will result in 2 free throws along with possession, as well as penalties found in the Rules and Regulations Packet, Section IV. Discipline, Articles 2 & 3.
12. **BENCH TECHNICALS** will result in 2 free throws along with possession, as well as penalties found in the Rules and Regulations Packet, Section IV. Discipline, Article 3.
13. Baskets will be set at 10 feet.
14. Basketballs will be ¾ size.
15. Illinois High School Association rules and G.O.A.L. JR. G.O.Y.A. rules will apply where not specifically covered above.

## **GRADE SCHOOL, GIRLS AND HIGH SCHOOL BOYS DIVISIONS**

- J. **The Game** – will consist of four (4), eight (8) minute quarters, with one (1) minute intermission after the first (1<sup>st</sup>) and third (3<sup>rd</sup>) quarters and five (5) minutes in between halves. The clock will stop on free throws and time-outs, except in the **LAST ONE (1) MINUTE OF EACH QUARTER**, where the clock stops on all whistles. There will be a five (5) minute warm up and/or five (5) minutes between games immediately starting after the teams from the previous game have shaken hands. Every player's full name and uniform number must be entered in the scorebook. Only **THREE (3) FULL TIME-OUTS (60 Seconds) and TWO (2) 30 SECOND TIME-OUTS** are allowed per game. A 30 Second charged Time-Out will not exceed 30 seconds and teams shall remain standing within the time-out area. A warning signal for teams to prepare to resume play is sounded with 15 seconds remaining. A 60 second charged Time-Out shall not exceed one minute (60 seconds) and shall be conducted within the confines of the time-out area. A warning signal for teams to prepare to resume play is sounded with 15 seconds remaining.



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1. **\*Junior G.O.Y.A. and Girls\*** games will not allow press until the last two (2) minutes of each **\*quarter\***. **\*However, if a team is up by 20 or more points, NO PRESSING, FULL COURT or even HALF COURT will be allowed for the team that is ahead.\***
  2. A set of G.O.A.L. Basketball Rules (This Document) must be provided by the **HOST CHURCH** and present at the Score's Table for each game played during the season and during the year end Playoff and Championship Tournament, as well as all Tournaments.
  3. An assigned Referee, responsible for the **SCORE BOOK**, and a responsible **ADULT**, versed in the operation of the **TIME CLOCK**, must be present (and working all games played) at the **SCORE'S TABLE**. **THE OFFICIAL SCORER will be the designated Referee at the Score's Table for the game being played.** (NOTE: at "neutral site games", the HOME TEAM will be the last number on the schedule.)
  4. **OVERTIME** – will consist of a **THREE (3)** minute period (clock to stop at free throws and time outs), with the clock stopping at every whistle during the **LAST MINUTE**. Conclusion of game will be determined by **OVERTIME PERIOD(S)**.
- K. RECORDING OF SCORES AND STANDINGS** – The **HOST TEAM** must **FAX or E-MAIL** in **ALL** the scores of **ALL DIVISION GAMES** by the **MONDAY** of the week the game is played.  
Score and Standings will be recorded by the G.O.A.L. Board, c/o:

**G.O.A.L. League**  
**Attn. Rev. Dn. Chris Avramopoulos**  
**40 East Burton Place**  
**Chicago, IL 60610**  
**Fax: 312-587-7963**

- L.** Playoff and Tournament Games will be conducted at the end of the season. A Tournament will ensue during the end of the season with all participants from all the Churches and all Divisions participating. There will be a Gold Division and Silver Division based off of the teams record for the year. This means that there will be two separate brackets created. One for the Gold Division and one for the Silver Division. Teams in each division (based off of season record) will only play those teams in their division, to a championship game. In case a similar or close record within the standings occurs, the following guidelines will help determine Tournament seeding as determined by the G.O.A.L. Board. There will also be a Thanksgiving Tournament for the Youth Divisions.



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1. Best Example of Sportsmanship, attendance at the Divine Liturgy, Sunday Church School attendance, Youth Group involvement (including retreat participation and overall behavior). This information is to be supplied by the Parish Priest or lay youth minister.
  2. Adherence to the G.O.A.L. Rules during the season and overall conduct reflected on the court.
  3. Overall Record of Games Played for the Season. (It should be noted that a “1<sup>st</sup> Place” won/loss record does not guarantee a number 1 seed).
- M.** The G.O.A.L. Tournament will be a single elimination playoff during a ONE (1) weekend tournament format, which is sanctioned by the G.O.A.L. during the course of the year. No other tournaments will be sanctioned or blessed by the G.O.A.L. or the Metropolis of Chicago.
- The Sanctioned G.O.A.L. Tournament will follow the rules provided in this document **without exception** or the host parish will risk losing sponsorship of any future tournaments.*
- N.** The G.O.A.L. Tournament seeding will take place in this manner and in this order:
- a. Won/Loss Record
  - b. Head to Head
  - c. Point differential between the head to head game
  - d. Flip a coin
- O.** Church Teams and/or Coaches participating in other outside tournaments or leagues from the 1<sup>st</sup> of September through the G.O.A.L. Basketball Season is strongly discouraged if they interfere with Metropolis programs, either educational, liturgical, spiritual, or athletic. As requested by His Eminence, Church teams should not participate in athletic events outside of Metropolis sponsored programs if they conflict with Metropolis programs and if they at all impede the spiritual and religious development or education of the young people involved, in being absent from their Church’s Divine Services, Sunday School, Altar Service, or Choir.



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## MEN'S DIVISION

- A. **The Game** – will consist of **TWO (2) 20 MINUTE HALVES** with a running clock. The Clock will stop on all whistles during the **LAST MINUTE (1) OF EACH HALF. THREE (3) FULL TIME-OUTS** and **TWO (2) 30 SECOND TIME-OUTS** for the entire game. Every player's full name and uniform number must be entered in the scorebook.
1. There will only be **TWO (2) Referees'** for each game. Score's Book and Clock must be provided by the Home Team. The Men's Division games may begin games with only **FOUR (4) players**.
  2. **If a team is ahead by 20 or more points with 2 minutes left in the game, the game will be called.**
  3. The Division will allow only **TWO (2) forfeits** for the season. Any team who has more than **TWO (2) forfeits** will be suspended for the rest of the season, plus all tournaments with no refunds.
  4. **All athletes participating in the Men's League must have played in at least three games prior to the playoffs and Championship games.**
- B. **OVERTIME** – will consist of a **THREE (3) minute** period (clock to stop at free throws and time outs), with the clock stopping at every whistle during the **LAST MINUTE**. Conclusion of game will be determined by **OVERTIME PERIOD(S)**.
- C. **RECORDING OF SCORES AND STANDINGS** – The **HOST TEAM** must **FAX or E-MAIL** in **ALL** the scores of **ALL DIVISION GAMES** by the **MONDAY** of the week the game is played. 630-654-3514 FAX #.
- D. Playoff and Tournament Games will be conducted at the end of the season. A Tournament will ensue during the end of the season with all the Teams in the Men's League participating. A meeting (in person or through email) with all the team captains and the commissioner will help determine Tournament seeding.



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## VI. POSTPONEMENTS AND/OR RESCHUELING OF GAMES

- A. The Priests, Pastoral Assistants, Athletic Directors, Youth Directors, and/or Coaches must agree and must notify the Metropolis Youth and Young Adult Ministries Director at 708-288-2876 before 12:00 NOON on the Friday prior to a Sunday Game and 12:00 NOON on the Thursday prior to a Saturday Game, if postponement and/or rescheduling of games is desired. If this is not done, any team failing to appear for a game will automatically forfeit and will be financially responsible for payment of referees not used for the game(s). Athletic Directors, Youth Directors, and/or Parish Priests will be held responsible for any communication regarding any cancellations pertaining to: Section VI, Articles A & B in Postponements and/or Rescheduling of Games.
- B. Exceptions will be made in cases of severe weather conditions; in which case, the team which is unable to attend must notify the host facility of schedule changes or cancellations immediately. To find out if games are to be played because of weather, call Mr. Chris Avramopoulos at 708-288-2876.
- C. Cancellations due to inclement weather on a league wide basis will be made no later than 12:00 p.m. Noon on the day of the game. The A.D. will be notified by phone and e-mail.
- D. **There will be a 15 minute grace period after the original starting time of a game for team's who do not have five players to start. After 15 minutes if a fifth player has not arrived, the game will be forfeited. However, if a fifth player arrives, the game will be played with two 16 minute halves and a running clock. \*\*This rule only pertains to games played on days with inclement weather when games have not been canceled.\*\***

## VII. DISCIPLINE

**PLEASE NOTE:** *All areas of disciplinary action will be dealt with by the G.O.A.L. Board, or in its stay, the commissioner and youth director of the Metropolis. All incidents are to be sent to the G.O.A.L. Board by your Parish Priest or Athletic Director.*

- A. Each team will furnish at least one responsible adult in the gymnasium for the duration of each game, and said adult will be in charge of keeping the conduct of fans in order and assisting in maintaining cleanliness.
- B. Any Player(s), Coach(s), and Spectators found and proven responsible for vandalism, theft, or damage of property will be suspended for the rest of the season and will be subject to further disciplinary action by the G.O.A.L. Board. **THIS MUST BE SUBMITTED IN WRITING** within one week of the matter in question by those wishing to bring it to the attention of the Commissioner and the Metropolis Youth Director.



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- C. Any Player(s), Coach(s), and Spectators found and proven committing physical abuse to persons or fighting will be suspended for the rest of the season, and will be subject to further disciplinary action by the G.O.A.L. Board.
- D. **RULES OF CONDUCT** for Church Leaders, Athletic Directors, Coaches, Youth Directors and Advisors, Players, Cheerleaders, Parents, and fans in attendance at games:

1. **Profanity will NOT be Tolerated.** Referees will be advised prior to the game of this rule. No warning is required prior to being expelled from the game and gymnasium for violation of this rule. **ANYONE ejected from the game for profanity will be suspended and will for the rest of the season and will not be allowed to attend any G.O.A.L. Basketball Games. This includes Cheerleaders and Spectators.**
2. **Players receiving a FLAGRANT TECHNICAL FOUL (intent to injure an opponent, fighting, et. al.) will be automatically ejected from the game and suspended for the rest of the season.**

**PLEASE NOTE:** A “flagrant foul” on a lay up (for example), with no intent to injure, even though considered a “technical”, will not count as a **RULES OF CONDUCT** violation.

3. **AN EJECTION from a game (i.e. unsportsmanlike conduct, fighting, flagrant fouls, et.al.) will result in a suspension from the League for the rest of the season.**
4. **\*\*SUSPENSION\*\*** - Anyone who has been suspended will have the right to appeal the suspension to the G.O.A.L. Board. If the appeal is successful, the suspended player may be reinstated with the following provisions:
  - a) A meeting with the Offender, the Parish Priest(s), and the G.O.A.L. Board to discuss “in house service work” by the offender in the local parish, length of time and duties to be determined under the guidance of the Parish Priest. Depending on the infraction, the Board/Commissioner may require a certain amount of games that the player will be unable to participate in following the initial suspension.
  - b) A letter of apology written and sent to the G.O.A.L. Board, the Parish Priest, and anyone else the Board considers as necessary of receiving a letter.





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5. **Intimidation “Tactics”** of any kind by those people mentioned in Section VII, Article D, - RULES OF CONDUCT, whether they are on the court or not, constituting behavior unbecoming the love, respect, the dignity, and discipline expected of those associated or connected with G.O.A.L. WILL NOT BE TOLERATED. Foot stomping in the stands, taunting, throwing of objects, profanity and/or disruptive behavior, negative cheers or booing is strictly prohibited. Noncompliance with a request to stop may result in a technical foul or ejection from the gym and a suspension from all G.O.A.L. activities.

*(Documented written reports from the Referee(s) and/or Church Official(s) must be submitted to the G.O.A.L. Board proving and detailing such “tactics” where upon appropriate disciplinary measures will be taken)*

6. Cheerleaders will cheer away from the court during action; either in the stands, behind their team bench, or not at all. Baselines must and will be vacated during games at all times if their presence causes an obstruction, as determined by the Referees. Cheerleaders will be allowed to go on the floor during time-outs, at quarters, half-time, between games (alternating with the other squad present) as long as they do not interfere with warm-ups or display unsportsmanlike conduct (taunting, abusive or profane language, bad attitudes, negative cheers, etc.)
7. Problems or incidents involving the use of alcohol and/or drug abuse within any Church Team must come to the attention of the G.O.A.L. Board as a matter of courtesy and point of information. Disciplinary measures for those infractions will be discussed privately among the Clergy and principal characters involved (offenders, coaches, athletic directors, lay assistants, parents, et. al.)
8. All Players, Coaches, Cheerleaders and Spectators must stand, listen attentively, and participate in the opening prayer.
9. **Players, Coaches, Spectators or Family Members who use social media, of any type, to disparage a player, team or church will not be tolerated and will result in game suspensions and/or total suspension from the league.**
10. **THE EXECUTION OF ALL DISCIPLINARY MATTERS REGARDING THE G.O.A.L. WILL BE HANDLED THROUGH THE G.O.A.L. BOARD.**